



S U N N Y J A R
e c o h u b

**A social enterprise
working with communities
for a sustainable London**



**Workshops
Events
and Projects
to inspire each other
to live
a greener, healthier
and happier life**

www.sunnyjarecohub.com

Follow us for eco-friendly tips and inspiration

@sunnyjarecohub   



What we offer

Elevate your event with our hands-on, fun-filled sessions that leave a lasting positive impact on both your audience and the planet.

- Align brands with eco-conscious values.
- Provide interactive, practical learning experiences.
- Encourage collaboration and creativity.
- Enhance reputation as environmentally responsible.
- Support corporate social responsibility goals.
- Promote personal wellness through sustainable practices.
- Strengthen ties with local eco initiatives.
- Upcycle brands waste into art and useful new products.



We offer workshops in three areas:

- **Sustainable and Zero Waste Living:** How to incorporate the sustainability R's: Rethink, Reduce, Reuse, Repair.
- **Earth Friendly DIY:** How to craft eco-products and support your wellbeing.
- **Upcycling:** Turning waste into treasure

Our workshops can be customised to suit your client or the theme of your event, to make them as memorable and impactful as possible.

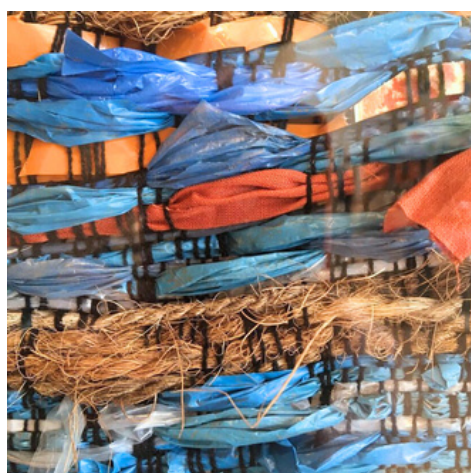
We can help your organisation take steps towards achieving the UN's Sustainable Development Goals.

A selection of our workshops

DIY Natural Skin Care

As part of our **Earth Friendly DIY** series, this workshop is perfect for a sustainable pampering experience.

Participants will learn how to use natural and easy-to-obtain ingredients like coffee waste, oats and olive oil to handcraft their own sustainable skincare products .



Weaving Waste Into Art

As part of our **Upcycling** series, this collaborative workshop will unleash participants' creativity as they weave textile waste and soft plastic into a beautiful communal artwork, creating a powerful statement of community building and environmental responsibility.

DIY Reusable Bag

As part of our **Zero waste living** series, this workshop teaches how to upcycle old t-shirts to make a personalised reusable bag.

Participants will be able to reduce single-use plastics by making their own bags while upcycling old clothes! No sewing required!



Workshop costs

Our prices starts at £700 for a 1 hour workshop with 25 participants. Costs vary, depending on workshop size, workshop length and choice of workshop. For a detailed quote, get in touch. We also cater for larger groups and provide all day event activities, [contact us](#) to see how we can meet your needs.

What our clients say

"It has been a pleasure to partner with Sunny Jar Eco Hub for our South Westminster BIDS virtual event series. The variety of eco-friendly workshops has gone down very well with our business members and the local community. Attendees have continued to return and increase each session which is a testament to the fantastic top tips Maud shares."

Chloe Noakes, Victoria Westminster Business Improvement Districts, Events Manager.

Maud, Linda and the Sunny Jar team have been delivering workshops and events for our clients for several years now. They have consistently delivered high-quality, interactive and impactful experiences. I really appreciate their professionalism, ease of communication, and commitment to constantly looking for ways to improve the client experience and add value. I'd recommend their services without reservation.

Alex Furrey, Zerowaste Mindset, Director.

Feedback from participants

"Motivational, spiritually uplifting and so informative, has reinvigorated my zest for learning and improving myself and my habits"

"Thank you for all your work and for sharing what you know with the community!"

"I recommended you to my friends and shared the recipes"



Social Impact

As a Community Interest Company, we are committed to supporting the people and places in our local area and beyond whilst taking action to prevent climate change.

Every corporate workshop that we deliver helps to fund our community workshops in East London.

By booking a workshop with us you will be directly supporting the communities we work with!





About us

Sunny Jar Eco Hub is a social enterprise founded by Maud and Linda in 2019 and has a growing network of experienced facilitators. With their combined skills and knowledge of educating, community health, wellbeing, sustainability and the arts, our team are passionate about teaching others and showing how easy it can be to live lighter on our planet.

Our brand **Sunny Jar** embodies our values. 'Sunny' represents our hope and optimism for a greener future. 'Jar' depicts our motto of reduce and reuse.

Any Questions?

For more information on the above workshops, or if you have any questions, please contact us. We look forward to hearing from you.

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